

**In the framework of the Erasmus+
KA1 Mobility project for VET learners and staff**

15/04/2019 - 05/05/2019

2018-1-PL01-KA102-049407

„Sukces na rynku pracy dzięki stażowi w Europie”



Associazione Artistica Culturale “A Rocca” – C.F. 90013330833

Via TCP Arcodaci N°48 – Barcellona Pozzo di Gotto – 98051 – Messina – Sicily – Italy

Tel/fax: +39 090 2130696 - Mobile: +39 3490693698 – +39 3495807960

info@eprojectconsult.com – sottile@eprojectconsult.com – www.eprojectconsult.com

The team of the **Associazione Art. Cult. "A Rocca"** and **EProjectConsult** International department took the role of intermediary partner for group of people from Torun, Poland in the frame of Erasmus+ programme. During the project named " **Sukces na rynku pracy dzięki stażowi w Europie** " we hosted 6 selected participants. The internships were in the field of gastronomy, photography and hairdressing. The participants



gained experience in the field of their studies and became acquainted with the traditional Italian and Sicilian techniques. The project was from 15th of April until 5th of May.



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Preparation of the mobility project

In order to make the cooperation between both organizations effective, guarantee the best quality project and to satisfy the participant's expectations and needs, we have designed the program of the project together. We have exchanged e-mails in order to discuss the aims of the project, to develop the plan of activities and to clarify any doubts.

Arrival of the participants

The group of participants arrived 15.04 at the airport of Catania. The "A Rocca" organization provided the transfer from the airport to the participant's accommodations in Barcellona Pozzo di Gotto town.

On the next day of their arrival they had an informative welcome meeting, designed to give the participants useful information they require during their stay in Sicily. Firstly, they had the introduction to the program in general. The tutor informed the trainees about the organization and described the work activities, obligations and tasks they will be involved in during the project. Next, they were provided with the plan of the city and were acquainted with all the hospitalities of Barcellona P.G. and the nearby towns.

The next informative session was dedicated to the cultural aspects of their life in Sicily: the work style in Italy, rules to follow, behaviour and other cultural information was given to the participants. The "Help me" card with useful numbers and phrases in Italian as well as a leaflet with all the useful information they may need (address, rules, tips, etc.) during their stay was distributed.



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Accommodation of the participants

The Participants were accommodated in apartment in Barcellona Pozzo di Gotto. Barcellona P.G is located on the north coast of Sicily. It belongs to the Province of Messina. The city proper has a population of over 45,000 inhabitants. The strategic location is surrounded by many wonderful cities: Messina 45 km; Palermo 180 km; Catania 180 km; Taormina 80 km; Agrigento 200 km; Aeolian Islands 20 km. Barcellona P.G. is a very nice town, located very close to the seaside, very busy during the day and very calm during the night time. Moreover, there are many interesting places to visit, such as natural parks, museums, ancient villages and Greek/Roman historical areas.

Address of the apartment: via TCP Arcodaci 44



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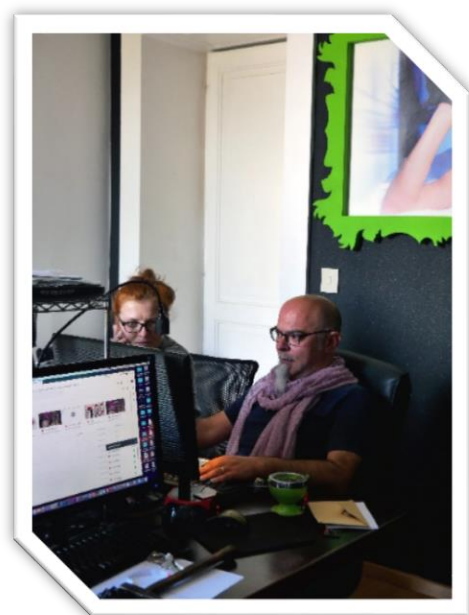
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Placement Details

The subject of the placement for the participants was gastronomy, photography and hairdressing. The interns had the opportunity to learn skills needed for a future professional career in this field. The internships were located in the cities of Barcellona Pozzo di Gotto in the following companies:



Company: Nobile Antonella

Address: Via TCP Arcodaci 62 , 98051 Barcellona Pozzo di Gotto ME

Company: Studio Luce di Santino Trifilo

Address: Via del Mare 1 , 98051 Barcellona Pozzo di Gotto ME

Company: Ritratti

Address: Via Kennedy 17, 98051 Barcellona Pozzo di Gotto ME



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Company: DOP

Address: Via Roma, 1, 98051 Barcellona Pozzo di Gotto ME

Skills and professional competences acquired:

- Observing, receiving, and otherwise obtaining information from all relevant sources in the field related.
- Establishing and maintaining interpersonal relationships: learning the development of constructive and cooperative working relationships with others.
- Developing specialized Italian language skills.
- Critical Thinking: Using logic and reasoning to identify the strengths and weaknesses of alternative solutions, conclusions or approaches to different problems.
- Understanding the implications of new information for both current and future problem-solving and decision-making.
- Developing social perspectives and being aware of reactions of other co-workers and supervisors.
- Giving full attention to what other people are saying and taking the time to understand the points being made.
- Interacting effectively in an international environment and make use of foreign language skills

Job duties, skills, and professional competences acquired:

Gastronomy sector:

- Observing, receiving, and otherwise obtaining information from all relevant sources in the gastronomy sector
- Understanding and using different service techniques at the working area, also in the presence of guests.
- Understanding table cloth lore and table armchair standards in the restaurant and banquet area. Using simple forms of table decoration.
- Understanding service techniques and the process of guest care.
- Taking orders and advising guests on meal selections. Understanding and handling the sales tools.
- Understanding different culinary cultures and guests with different eating habits.



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- Understanding national and international standards of the glass culture and use it in the catering business.
- Gaining knowledge of the organization and execution of small indoor events, from the catering point of view.
- Understanding and using professional dress code and hygiene.
- Maintaining a safe, hygienic and secure work environment.
- Understanding and executing the process of ordering, delivering and storing goods and materials.
- Understanding the importance of auditing purchasing and sale process in the working unit.
- Performing stock and inventory management.
- Understanding the importance of work preparations and execution of process.
- Understanding and executing preparatory work for effective service.
- Understanding and executing storage for effective work.
- Understanding the importance of effective cooperation with other departments. Executing effective cooperation with other department.
- Recognizing environmental and health protecting standards.
- Recognizing and following health and safety regulations for accident prevention, safety and emergency procedures.

Hairdressing sector:

- Observing, receiving, and otherwise obtaining information from all relevant sources in the hairdressing sector
- Greeting clients and discussing with them their specific reasons for visiting the salon
- Comprehending each client's individual demands regarding hair and skin problems and attempting to devise good solutions for them
- Advising clients about what they may need in terms of hairstyling and skincare solutions
- Mixing appropriate amounts of hair coloring or bleaching chemicals by following safe practices



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- Performing coloring, perming, straightening, cutting, trimming and styling activities
- Shampooing and drying hair before or after treatment, and styling using brushes, hair irons and combs
- Blocking, shaping and trimming wigs and extensions according to each client's specific instructions
- Styling the clients' hair in accordance to the event that they need to attend
- Taking telephone calls and scheduling appointments
- Providing clients with hair treatments such as oiling, masking and mudding
- Advising clients about what skin or hair care treatments they can employ at home to achieve good results
- Providing clients with information on skin and hair problems and advising them of possible solutions or referring them to a cosmetologist
- Taking payments for services rendered and handling light bookkeeping duties

Photographic sector:

- Observing, receiving, and otherwise obtaining information from all relevant sources in the field of photography
- Gaining knowledge about computer programs used in photography,
- Learning and using in practice professional photograph industry terminology
- Improving communication skills, taking into consideration business etiquette and cultural differences
- Managing effective communication with clients and colleagues

CULTURAL PROGRAM

Etna and Taormina 29/04/2019

Mount Etna is an active stratovolcano on the east coast of Sicily, in the Province of Catania. It is the tallest active volcano on the European continent and is by far the largest of the three active volcanoes in Italy. Mount Etna is one of the most active volcanoes in the world and is in an almost constant state of activity. The fertile volcanic soils support extensive agriculture, with vineyards and orchards spread across the lower slopes of the mountain and the broad Plain of Catania to the south. Due to its history of recent activity and nearby population, Mount Etna has been designated a Decade Volcano by the United Nations. In June 2013, it was added to the list of UNESCO World Heritage Sites.



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Taormina was the next stop on the excursion. As soon as the group arrived in Taormina, they felt the magical, mythical atmosphere that has enchanted visitors from all over the world for years. Settled on a hill of the Monte Tauro, Taormina dominates two grand, sweeping bays below and on the southern side, the top of Mount Etna, often capped with snow, offering to the visitors a breath taking, dramatic and memorable view. Taormina is a medieval village perched alongside the steep terrain jutting out of the ocean. While it has kept its medieval character, it is now a shopper's paradise. Near the top of Taormina Village is a wonderfully preserved Greek Theatre. This pretty much sums up Taormina's charm. There is something for everyone; great shopping, wonderful restaurants, Roman ruins, medieval pedestrian streets and even stairs to a great beach.

Castroreale and Jalari Park Museum 27/04/2019

Castroreale is a very cute small town in the mountains near Barcellona, with less than 3000 inhabitants but over 80 churches. Some parts of the city dates back to the early 13th century. The name of the town comes from Latin, meaning “royal fortress”, referring to the castle of unknown origin, reconstructed by Frederick II of Aragon in 1324 (although only one tower remains from the castle to present day). The group visited Church Santa Maria Assunta, Piazza Duomo and the main street Corso Umberto I. After the visite to Castroreale the group continued to Jalari Park Museum.

The Park Museum “Jalari” is situated on the Peloritan mountains a few kilometers from Barcellona Pozzo di Gotto (ME) extended over 35 hectares (350,000 msq). The park is a land of artistic sculptures and wonders. Unlike traditional museums, Jalari’s 15,000 finds are placed in the 42 artisan shops with the aim to recreate faithfully the atmosphere that one’s transpired there.



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Evaluation of the project

The evaluation of the project is excellent. Employees of the “A Rocca” Association and persons involved in this project hope it was a rich and useful experience for all the participants. The monitoring team did its best in order to satisfy the expectations of each participant and to ensure the communication with the sending organization at each stage of the project. In order to reach this, “A Rocca” team had an evaluation meeting with the group.

Participants had a chance to see the way of working in Sicily. Certainly, they had an opportunity to get to know a lot of useful information about the functioning of Sicilian enterprises, which are related to photography, hairdressing and gastronomy. Those participants who had a previous experience in those fields also could compare all the similarities and differences of these related enterprises in Sicily and Poland. All participants gained worthy experience in working in a team, cooperating with colleagues and individually working in accordance with each candidates individual skills.

At the end of the project, participants received **“A Rocca placement certificate”** and **EUROPASS**.

Most importantly the participants gained professionally experience in their sector, and they will now be more competitive in the labour market in Poland.



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Conclusion

Our monitoring team did its best in order to satisfy the expectations of each participant. We were always ready to offer help, advice and solve any doubts with our guaranteed 24-hour availability; in any case they needed some assistance. Consequently, the participants seemed to be satisfied with this project. According to their opinion, it was an interesting and useful experience. We hope they found inspiration and got new ideas about how to deal with their future career in their country. We are satisfied because due to their participation in the programme, the participants have enriched their professional experiences. Moreover, participants had the opportunity to explore new horizons by fully integrating in Sicilian culture and meeting many new friends from Italy and from the other parts of world. In addition, the whole group of participants became good friends, and can still meet each other after the project and exchange their experiences.

Our team is very satisfied with the participant's involvement in the project and personal interest of each person involved. We hope we can continue our cooperation.



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